London Together: Stage 1 guidance

Comic Relief and the Mayor of London launched the London Together fund in 2018. This is the second funding round of a three-year partnership. The London Together fund invests in sport for change projects that aim to improve social integration in London.

Please find the guidance for the London Together fund below. Please read the the London Together funding call on the Comic Relief website before starting an application and in conjunction with this guidance. Please read this guidance carefully and be sure the answers you give clearly address the key points these questions are seeking to draw out from your response.

Some questions in the form will be marked as not applicable as they are not relevant to your funding initiative or proposal, and you are not required to complete these.

The online form automatically saves your answers as you move between sections. However, you can also choose to save your work using the save button at the end of each section. You can leave the form and return to add more information at a different time. The answers to some questions will determine whether you are subsequently asked additional questions. To make sure you supply us with the answers to all required questions you should complete the questions and sections in order.

Before you can submit your proposal successfully, our system checks whether you have completed all mandatory sections and questions. The system will flag any unanswered questions to you. You can print a copy of your proposal at any time using the print form options at the top of this page and at the top of each section.

We recommend you use Mozilla Firefox or Google Chrome browser to complete this form.

Please note that there are character limits for the answers to some questions; where relevant you can find these on the online form and they are also noted in the guidance below in the final column.

The deadline for first stage applications is 12 noon GMT on Friday 5th April 2019.

We are looking to invest in projects that will improve social integration in London. All proposals must use sport as a tool for change in their approach.

The Mayor of London defines 'social integration' as the extent to which people positively interact and connect with others who are different to themselves. It is determined by the level of equality between people, the nature of their relationships, and their degree of participation in the communities in which they live. Please refer to Appendix 1 for more information about the three dimensions of social integration.

Comic Relief defines Sport for Change as bringing about positive social change for individuals and communities through the intentional use of sport and physical activity. Proposals to this initiative will need to evidence social outcomes and not just focus on increasing participation in sport. Click here for more information.

What we will fund:
- Funding is available for 1 to 2 years
- Applications are welcome for a minimum of £25,000 and a maximum of £150,000
- Projects must be delivered within the London boundary
- The investment will fund project costs, but we are happy for organisations to include full cost recovery.

Who can apply?
- Proposals can be made by single applicants, or by organisations working in partnership
- Organisations can only submit one proposal as the lead organisation (though they can be named as partners on any number of applications).
- The applicant must not have an annual income of more than £10 million.
- There is no lower income limit for this fund, as opposed to the £250,000 lower limit stated in Comic Relief's general eligibility requirements for UK organisations.
- Funding requests must be relative to income. Comic Relief aims to fund no more than 40% of an organisation's current annual income. This limit applies to the overall funding amount for your organisation and includes any funding distributed to partners.
- Projects who currently hold London Together funding are unable to apply to this round.

1. Basic details

Subsection	Question	Guidance	Character count
1.1 Reference information	**Reference information**	The proposal ID is generated when you create a proposal. You should use this proposal ID in all correspondence relating to your proposal.	n/a
1.2 Basic details	**Proposal title**	Please provide a brief title for your proposal, excluding your organisation name. We will use this title whenever we refer to your proposal.	100 characters
1.2 Basic details	**Has this work/project previously been funded by Comic Relief?**	Please tick yes if Comic Relief has previously provided funding for this work/project. Please note that if we have previously funded this work, you will be asked to upload the latest report of this work or any final evaluation you might have carried out. You can find more information about our policy on continuation funding on our [policies](#) page.	n/a
1.2 Basic details	**Has this work/project previously been funded by another funder (not Comic Relief)?**	Please tick yes if this work/project has previously been funded by another funder. Please note that if the work has been previously funded, you will be asked to upload latest report of this work or any final evaluation you might have carried out.	n/a
1.2 Basic details	**Are you using any of the following approaches in your proposal:**	**Sport for Change must be selected here.** **Guidance on proposals involving Sport for Change**	n/a

Subsection	Question	Guidance	Character count
	Sport for Change□ Tech for Good□ Enterprise □	By Sport for Change, we mean projects that use sport as a tool for social change. So, where sport is part of a broader programme of work. By 'programme of work' we mean other activities that are seen as part of a coordinated approach to a social issue or concern that supports or links to the sporting activity. This might be workshops, educational sessions, awareness raising, work experience, volunteering, mentoring etc. We cannot fund projects which aim only to increase participation in sport, projects aiming to develop sporting excellence, individual athletes or sports teams or one-off sporting events. Refurbishment, upgrades to playing surfaces, or any other capital works associated with sporting provision will also not be funded. You will be asked additional questions about your approach in section 2. **Guidance on proposals involving Tech for Good** By Tech for Good, we mean projects which include substantial development of digital products or technology to create social change. Please do not select Tech for Good if your project includes general digital inclusion work such as training people in how to use or access technology. Under this approach, we generally will not fund the updating of websites or routine social media campaigns, or related staff or volunteer training. You will be asked additional questions about your approach in section 2.	
1.2 Basic details	**Please select the programme area(s) to which your proposal best fits. For more information about our programme areas, and**	Please select the programme area or areas to which your proposal best fits. For more information about our programme areas, and our priorities within these programme areas, please visit our website.	

Subsection	Question	Guidance	Character count
	our priorities within these programme areas, please visit our website.		
1.2 Basic details	**Are you working with partner organisations who will be responsible for managing a share of the project budget?**	Partners are defined as organisations who will be responsible for managing a share of the project budget. Please also note that if you are working with any government organisations, they should not be in receipt of any Comic Relief funds.	n/a
1.3 not applicable			

2. Your Proposal

This section is for you to give us more detail on your proposal.

Please note that some questions in the form will be marked as not applicable as they are not relevant to your launch initiative or proposal, and you are not required to complete these.

Subsection	Question	Guidance	Character count
2.1 Change	**Please provide a brief summary of your project**	Please give us a clear 2-3 sentence project description here. We want to get a clear idea of the essence of your project, including the overall change(s) your project is intending to achieve and who will benefit. Please be clear and concise and avoid the use of jargon. We do not need a detailed list of project activities in this question or a description of the context.	350 characters
2.1 Change	**Please provide a link to a 2 minute video summarising what you want us to fund**	This is totally optional, and it will not disadvantage you if you do not supply a video. You should not attach the actual video file, but a link to youtube, vimeo or another online platform where your video can be accessed. Please do not password protect the video. The film should be a maximum of 2 minutes long. The content of the film is more important than the quality. We are very happy with films created on phones or using basic software. Please note this should not be a generic video about your organisation's work, but one which specifically tells us about how you wold use this funding. Films should: • State the name of the organisation (and any partners) and give a brief summary of what the work will involve • Describe how you'll go about the work and what it will achieve.	

Subsection	Question	Guidance	Character count
2.1 Change	**Describe the people who would benefit from this project and the problems they face in their lives**	We want to know who the people are who will benefit from your project (your main target groups or beneficiaries). Tell us where they live and what problems or challenges they face and explain a little about the context in which they are living. Your explanation should help us see the need for your project. You should demonstrate a good understanding of the context of the location(s) where the work will take place. **We would like you to tell us the reason(s) why there is low social mixing and/or isolated groups within your community.** You could describe the major factors – people and relationships, systems and structures, policies and processes – that are influencing the lives of these people, and the ways in which these factors are impacting on them. Please use relevant and up to date evidence where relevant. Projects may target (but are not limited to): newcomers to London; older and younger people; disabled people; people with mental-health problems; Londoners with language barriers. Projects might respond to (but are not limited to) integration issues across disability, race, gender, ethnicity, geographical boundaries.	3500 characters
2.1 Change	**What changes do you expect to see as a result of your project?**	Tell us what changes you are aiming to bring about (i.e. your project outcomes) for the people described in the previous question. We want to know in what way the activities or service you want to provide will bring about change for the better in the lives of the people who use your project.	3500 characters

Subsection	Question	Guidance	Character count

		Depending on the kind of work your project will do these changes could be for individuals, communities or organisations and could be about changes in capacity, attitudes, behaviour, structures, services, or policies.
		
		You must work towards and clearly demonstrate how project activities will lead to at least one of the following outcomes:
		
		1. Increase opportunities to regularly bring people together from different backgrounds to reduce prejudice, negative stereotyping and increase trust between people and communities
		There is often little opportunity for people to interact with others from different backgrounds. Sport brings people together across divides. It provides the chance to build new relationships and work in teams.
		  ➢ We'd like you to tell us how your proposed programme of activities will do more than just bring different groups of people together. We are particularly interested in approaches that strengthen bonds between different groups of people, leading to increased understanding, acceptance and celebration of different groups of people.
		  ➢ Tell us about the people you're working with. Why are they at risk of experiencing prejudice? Why do they have preconceived ideas or negative attitudes? Attitudinal and/or behavioural change should be evident in the programme outcomes.
		
		2. Reduce isolation and loneliness
		Sport can help engage and motivate socially isolated groups. It can provide an environment to develop positive relationships and a sense of belonging.
		  ➢ We are looking for projects that have identified people who may be at risk of isolation and loneliness, as well as the reasons that lead to this. Tell us about the people you work with; why are they	

Subsection	Question	Guidance	Character count
		isolated? What are you doing to combat this? What are the barriers they face? ➢ We are interested in approaches that go beyond just bringing people together. For example: activities that build participant's confidence and skills; and strengthen their connections, sense of belonging and links to their community for further and lasting support. We recognise that some projects might address both above outcomes, and some might focus on one. We also recognise that projects addressing the above areas might have additional outcomes, such as: increasing opportunities to support people into work, employment and training; increasing opportunities for people to volunteer in their communities for people from all backgrounds; and increasing mental wellbeing.	
2.2 People benefitting	**People benefitting directly** Core target groups Frontline workers Other groups benefitting directly	Comic Relief is asking you to provide further detail about the people who will benefit directly from your project in this way because we have to make sure that the data we report back to the public accurately shows what has been achieved and with whom. We know that this may not be the usual way in which you break down your people benefitting data and so we have written detailed guidance to help you answer this question. Please read the information below before completing your answers. Comic Relief only asks about the numbers of **direct** beneficiaries from your proposed project. By this we mean people who would be directly involved in the project activities and who you would be able to show (through the data that you would be collecting) have experienced a change by being involved in the project. When calculating the number of people benefitting directly you should be realistic about what change you think is feasible over the time span and	150 characters

Subsection	Question	Guidance	Character count
		activities you are proposing. Very often applications are overly ambitious in the numbers they estimate their project would benefit directly – we would prefer you to provide more realistic and accurate numbers (even if that means smaller numbers) than over-estimated, exaggerated numbers that you will have no way of evidencing from your proposed project. We will review these figures and how realistic they are as part of the assessment process. It is perfectly acceptable to have '0' in any of the categories of people benefitting directly – the categories you use will depend on the type of activities and changes you want to see from your project. By *core target groups* we mean the main groups of people your proposed project is focussed on supporting. They will directly benefit from a project activity and are typically involved on a one-to-one or group basis i.e. they have an intensive and/or regular involvement with project activities. For example these might be survivors of domestic violence supported through services provided by the project, young people supported to complete their education, or people supported through skills and services to improve their financial situation. By *frontline workers* we mean people who will actively take part in project interventions because they work with or support the core target group(s), whether in a paid or voluntary capacity, e.g. counsellors, health workers, teachers. They will generally be given training, support or other forms of guidance from the proposed project to enable them to support those from the core target group(s). By *other people benefiting directly* we mean people who will benefit from a one-off, initial or limited involvement with project activities. They are likely to be from broader groups that your project would be interacting with (community members, parents etc.), but, if you are claiming them as	

Subsection	Question	Guidance	Character count
		beneficiaries, we would still expect you to be collecting data to evidence the benefit you expect them to have gained from being involved with your project. For example you should not just include whole communities that have received a leaflet from the project or who might have attended an event held by the project unless you have some way of gathering data that that involvement has resulted in change for all of these people. (This may not be feasible to do or it may not be a core focus of what your proposed project is aiming to achieve – in which case you do not need to include those people in the beneficiary table). You should also not include those who are assumed to benefit purely because of their relationship with someone who is directly benefitting, e.g. the family members of a person directly benefitting. For projects influencing policy change, where the project can show that the policy change has actually impacted on specific groups of people, then these people can be included under 'other groups benefitting directly'. However, if people are only *assumed to benefit* from the policy change and this cannot be tracked in any meaningful way, then these people *should not* be included. We expect that the numbers of other groups benefitting directly will often be estimated.	
2.3 Activities	**What specifically will the project do to help them to address their problems?**	For this question, we want to know about the activities you will be carrying out to help the people you are trying to reach. Be clear and precise, explaining the number/frequency of different activities where relevant. Think about the how, what, where and when of your project. We would expect you to develop a project plan prior to the delivery of your project for your own purposes so tell us about the activities that will be on that project plan. Activities can vary from workshops, 1:1 support sessions, research, developing and improving services or products, community awareness raising and mobilisation, training e.g. of teachers or health staff, campaigning and policy influencing etc. Please note as per the initiative page on the website, sport for change must form part of	3500 characters

Subsection	Question	Guidance	Character count
		your programme activity, and we will not fund one off interventions or one off community events that do not form part of a wider programme.	
2.3 Activities	**Why do you think this approach will be effective?**	N/A at stage 1.	
2.3 Activities	**What market analysis has been carried out and what are the key opportunities and challenges it has highlighted? [ENTERPRISE ONLY]**	**This question will only be asked if you have indicated that your project is taking an enterprise approach in section 1.** Please provide: • Evidence of market demand for any product(s) or service(s) generated as a result of the project, which might be paid for by members of the public or the communities served. Examples include agricultural produce, manufactured items (e.g. solar lamps), sanitation services, water and so on; • Evidence of the scale of demand for that product (local, regional, international) and its potential value; • Assessment of potential market competitiveness (i.e. who else is providing a similar service or product, competitors' price, reliability, proof of commercial viability and so on)	2100 characters
2.3 Activities	**Why do you think that this technology is the best means of addressing the need? [APPLICATIONS USING TECH ONLY]**	**This question will only be asked if you have indicated that your project is taking a Tech for Good approach in section 1.** You need to show why you believe that the way you are approaching your project is going to achieve the changes you intend, particularly in terms of meeting the needs of the people you want to reach. For example, we would like to know why you have chosen your product/technology and not another, and why you have chosen a specific platform or device over another. We want to know whether you're using the most appropriate and accessible technology for the people you want	2100 characters

Subsection	Question	Guidance	Character count
		to reach and if the technology is sustainable in the future, allowing your organisation to meet future needs.	
2.3 Activities	**How will sport be used to help deliver the changes that you are seeking to bring about?** <mark>**[APPLICATIONS USING SPORT ONLY]**</mark>	**All applications to this initiative must be using sport. Please make sure you have indicated that your project is taking a Sport for Change approach in section 1.** For this question, please consider in your response: 1. Why you have chosen the particular sport(s) and what value sport brings to the work. 2. The broader programme of work that will take place and how sport will be integrated; 3. How you will engage the participants into the project (open access, targeted approach referrals etc.)? 4. How you will measure the change delivered by the work? Please note, we cannot fund projects which aim only to increase participation in sport, projects aiming to develop sporting excellence, individual athletes or sports teams or one-off sporting events. Refurbishment, upgrades to playing surfaces, or any other capital works associated with sporting provision will also not be funded. Please see Appendix 2 at the end of this document for a full list of sports eligible for Comic Relief funding.	2100 characters
2.3 Activities	**Who will be involved in delivering the project and what will they do?**	N/A at stage 1.	
2.4 not applicable			

Subsection	Question	Guidance	Character count
2.5 not applicable			
2.6 not applicable			

3. Your funding request

This section is for you to tell us what you are requesting from Comic Relief. **Please note that some questions in the form will be marked as not applicable as they are not relevant to your launch initiative or proposal, and you are not required to complete these.**

Subsection	Question	Guidance	Character count
3.1 Where the work is taking place	**Where are you requesting funding for?**	Please tell us where your project will be taking place. Please click on the arrows to expand the list and click on every level that applies, e.g. if the work will take place in Nairobi, tick 'Africa, South of Sahara', 'Kenya' and 'Nairobi', or if the work will take place in Yorkshire, tick 'United Kingdom', 'England' and 'Yorkshire and the Humber'. **For this initiative, projects must be delivered within the London boundary.**	n/a
3.1 Where the work is taking place	**For UK work, please give up to four main location postcode/s (unless the work is being delivered entirely online)**	If your proposal is for work in the UK, please specify postcodes which best reflect the locations and characteristics of the areas you will work in. This should be the full postcode, such as SE1 7TP, rather than SE1. If your project delivers work across a locality, city or county, please provide postcodes within these which best represents the range of locations you work across. We use this information to understand the characteristics of the locations where you are working, such as whether it is urban or rural, its level of deprivation or where there are gaps in similar services. We also review the locations of all our applicants to understand where we are attracting applications from. You do not need to answer this question if all aspects of this project are delivered online.	n/a
3.1 Where the work is taking place	**How long would you like a grant to last?**	Select the expected duration of your project from the drop-down list.	n/a

Subsection	Question	Guidance	Character count
		Project duration should be a minimum of 12 months and maximum of 24 months.	
3.2 Your concept note request	**Your budget request**	Please tell us total project costs for each year of the project, and how much of this you will need from Comic Relief. Applicants can request a minimum of £25,000 and a maximum of £150,000 from the London Together fund.	n/a
3.3 not applicable			
3.4 not applicable			
3.5 not applicable			
3.6 Expenditure by organisation	**Expenditure by organisation**	This question will only appear if you indicated in section 1 that you are working with partners to deliver your project. Please tell us how much money each partner is responsible for – both the total amount and the amount of the Comic Relief grant broken down by year.	n/a
3.7 not applicable			

4. **Your organisation**

This section is for you to tell us more about your organisation.

Subsection	Question	Guidance	Character count
4.1 Your organisation	**What is the purpose of your organisation and what are you most proud of in your history? Why is your organisation well placed to carry out this work?**	Tell us about your organisation – what you do, who you work with, where you work. Provide information about your experience in working with the people you want to help, and the problems they are dealing with. We also want to know what you're most proud of in terms of your organisation's achievements and why you think your organisation will be able to manage and deliver your project. Alternatively, you can upload a video in the next question if preferable.	2100 characters
4.1 Your organisation	**Date your organisation was established**	Please enter the date your organisation was established. If you do not know the exact date your organisation was established, please give an approximate date.	n/a
4.1 Your organisation	**Legal status**	Please select your organisation's legal status from the drop-down list and complete registration number details if applicable. Please make sure you check the eligibility guidance for the initiative under which you are applying to make sure that your legal status is eligible as well as our Policies.	n/a
4.2 Your organisation's finance	**What was your organisation's income in your most recent full financial year?**	Please provide us with your organisation's income for your most recent full financial year. This will help to give us an idea of the scale of your organisation. We will ask for more information in the full proposal if you are invited to the next stage.	n/a
4.3 not applicable			
4.4 not applicable			

Subsection	Question	Guidance	Character count
4.5 not applicable			
4.6 not applicable			
4.7 not applicable			
4.8 not applicable			
4.9 not applicable			
4.10 not applicable			

5. **Your partner**

If you are working with a partner organisation/s who are managing part of the budget, this section is for you to tell us more about them. If you are not working with partner organisations then this section is not applicable to you.

Please note that some questions in the form will be marked as not applicable as they are not relevant to your launch initiative or proposal, and you are not required to complete these.

Subsection	Question	Guidance	Character count
5.1. Basic Partner details	**Partner name**	If your organisation is already linked to a partner organisation on our system you will see them in the drop-down menu; please select their name from here. If it is not, please click 'Add a partner to this list' and follow the on-screen instructions to search for the organisation, or create as a new organisation record if they are not already registered with us. To remind you, partners are defined as organisations who will be responsible for managing a share of the project budget. Please do not include small community based organisations, community health structures, savings groups etc. unless they are responsible for managing part of the project's budget. Please also note that if you are working with any government organisations, they should not be in receipt of any Comic Relief funds.	n/a
5.1. Basic Partner details	**What is the purpose of this organisation and what is it most proud of in its history? Why is this organisation best placed to carry out this work?**	Once you have added the name of your partner organisation, you will be asked this question for each one. Please provide us with some more information about your partner organisation – what they do, who they work with, where they work. Provide information about their experience in working with the people you want to help, and the problems they are dealing with. We also want to know what they are most proud of in terms of their organisation's achievements and why this partner organisation will be able to help you deliver your project.	2100 characters

Subsection	Question	Guidance	Character count
		Alternatively, you can upload a video in the next question if preferable.	
5.1. Basic Partner details	**Alternatively, you may provide a link to a 3 minute video answering these questions**	Instead of answering the previous question, you can provide us with a link to a three minute video which explains the purpose of your partner organisation, what they are most proud of in their organisation's history and why you think this organisation is best placed to help you deliver the project. You should not attach the actual video file, but a link to youtube or another online platform where your video can be accessed. Please note this should not be a generic video about your partner's work, but one which answers the specific questions asked in the previous question.	n/a
5.1. Basic Partner details	**This partner organisation's legal status**	Please select your partner organisation's legal status from the drop-down list.	n/a
5.1. Basic Partner details	**How many people work for this organisation?** Full-time equivalent Part-time equivalent Sessional workers Volunteers	We define 'full time equivalent' as 35 hours per week.	n/a
5.2. not applicable	not applicable		
5.3. Partner finances	**What was this organisation's income in their most recent full financial year?**	Please provide us with your partner organisation's income for their most recent full financial year.	n/a
5.4. not applicable			

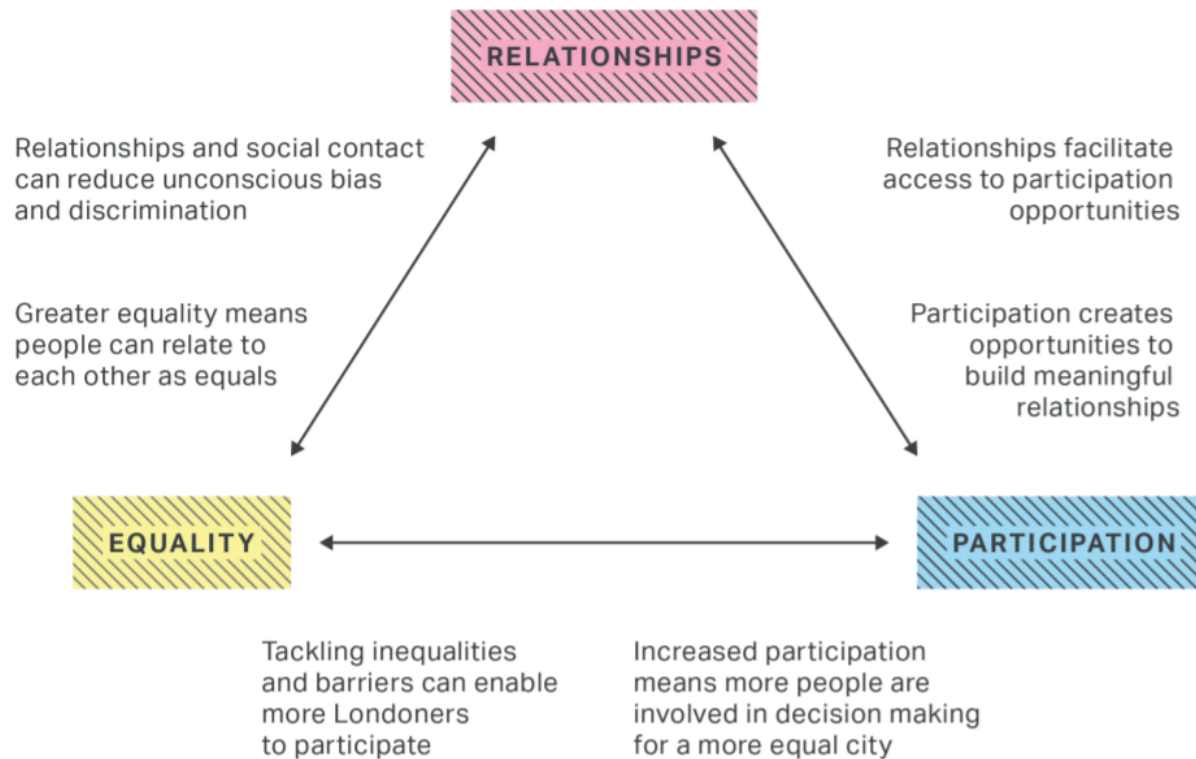| Subsection	Question	Guidance	Character count
5.5. not applicable			
5.6. not applicable			
	Add Partner	You can add additional partners by clicking on 'Add partner'. You will be asked the same questions as above for each partner.	n/a

6. **Declaration and Contact details**

Subsection	Question	Guidance	Character count
6.1 Contact details	**If your contact details below have changed, please update in the 'Contacts' section before you submit this proposal** First name Last name Email address Telephone number	These will pull through based on the name of the person who created the proposal, who is now the application contact. If these details have changed, you should go to the Contacts tab on your GEM dashboard and amend the details there before submitting this proposal.	n/a
6.2 Declaration	**Authority to submit**	Please tick to confirm you have authority to submit this proposal on behalf of the applicant organisation.	n/a
6.2 Declaration	**Terms and conditions**	Please tick to confirm you have read and accepted the terms and conditions of making a grant proposal to Comic Relief. It is important to take the time to read these to fully understand what to expect from Comic Relief once a proposal has been submitted.	n/a
6.2 Declaration	**Data protection**	Please tick to confirm you have understood how Comic Relief will share personal data. Please note proposals cannot be submitted unless these tickboxes have been checked.	n/a

Appendix 1 – social integration

The GLA's social integration strategy reflects three key dimensions of integration:

- **Equality**: is about recognising and respecting differences, including different needs, and giving everyone the opportunity to succeed in life.
- **Participation**: where all groups in society can take part in decision-making and are supported to take an active role in their community.
- **Relationships**: interaction between all groups in society and the community – where individuals from different backgrounds are connected to each other and can develop meaningful relationships.

RELATIONSHIPS

Relationships and social contact can reduce unconscious bias and discrimination

Relationships facilitate access to participation opportunities

Greater equality means people can relate to each other as equals

Participation creates opportunities to build meaningful relationships

EQUALITY

PARTICIPATION

Tackling inequalities and barriers can enable more Londoners to participate

Increased participation means more people are involved in decision making for a more equal city

Appendix 2 – List of eligible sports

The following sports are considered eligible for Comic Relief funding. If you want us to fund a sport or activity that is not on this list please contact us before submitting your proposal at grantsinfo@comicrelief.com. We reserve the right to not consider proposals for sports or activities not included on this list.

- aikido
- American football
- angling
- archery
- athletics
- Australian rules football
- badminton
- baseball
- basketball
- baton twirling
- biathlon
- bobsleigh
- boccia
- bowling
- bowls
- boxing
- camogie
- canoeing
- caving
- Chinese martial arts
- cricket
- croquet
- curling
- cycling
- dance
- darts
- dodgeball
- dragon boat racing
- equestrian
- exercise and fitness
- fencing
- floorball
- football
- Gaelic football
- goalball
- golf
- gymnastics
- handball
- highland games
- hockey
- hurling
- ice hockey
- ice skating
- judo
- ju-jitsu
- kabbadi
- karate
- kendo
- kite surfing
- korfball
- lacrosse
- luge
- modern pentathlon
- motor cycling
- motor sports
- mountaineering
- netball
- orienteering
- polo
- rambling
- real tennis
- roller sports
- rounders
- rowing
- rugby league
- rugby union
- sailing
- sand & land yachting
- shinty
- shooting
- skateboarding
- skeleton
- snowsport
- softball
- sombo
- squash
- stoolball
- sub aqua
- surfing
- swimming
- table tennis
- taekwondo
- tang soo do
- tennis
- triathlon
- ultimate frisbee
- volleyball
- walking
- water skiing
- weightlifting
- wheelchair basketball
- wheelchair rugby
- wrestling
- yoga