**Bridging the Gap: Strengthening Mental Health Support for Children and Young People: Full proposal guidance**

**General guidance**

**Please note that some questions in the form will be marked as not applicable as they are not relevant to your proposal, and you are not required to complete these.**

To give as many organisations as fair a chance as possible, you can only submit one proposal to Bridging the Gap: Strengthening Mental Health Support for Children and Young People funding programme (though you can be named as a partner on any number of applications).

Please be aware we will never read more than one proposal per organisation. However, you can apply to multiple funding programmes at the same time.

**Application form**

• In the online application, there are character limits for the answers to some questions. These are noted below, and they are also clearly indicated in the online form that you will fill out.

• Some questions in the online proposal form will also be marked as not applicable. These are not relevant to this funding programme, and it is not necessary to complete them. The sections that are not applicable are also noted below.

We are providing this guidance to allow you to start writing off-line, and to help your proposal planning. When using the online form, it will also be helpful to know the following:

• The online form automatically saves your answers as you move between sections. However, you can also choose to save your work using the save button at the end of each section.

• Please note: you can lose work if it’s open in two window tabs.

• You can leave the form and return to add more information at a different time.

• The answers to some questions will determine whether you are subsequently asked additional questions. To make sure you supply us with the answers to all required questions you should complete

the online questions and sections in order.

• Before you can submit your proposal successfully, our system checks whether you have completed all

mandatory sections and questions. The system will flag any unanswered questions to you.

The deadline for this programme is **midday on Friday 28th June 2019**. We will not accept late proposals and strongly urge that you resolve any issues with your proposal and submit it in advance of the deadline.

## 1. Basic details

| **Subsection** | **Question** | **Guidance** | **Character count** |
| --- | --- | --- | --- |
| 1.1 Reference information | **Reference information** | You should use this proposal ID in all correspondence relating to your proposal. | n/a |
| 1.2 Basic details | **Proposal title** | Please provide a brief title for your proposal, excluding your organisation name. We will use this title whenever we refer to your proposal. | 100 characters |
| 1.2 Basic details | **Has this work previously been funded by Comic Relief?** | Please tick yes if Comic Relief has previously provided funding for this work.  Please note that if we have previously funded this work, you will be asked to upload the latest report of this work or any final evaluation you might have carried out. | n/a |
| 1.2 Basic details | **Has this work previously been funded by another funder (not Comic Relief)?** | Please tick yes if this work has previously been funded by another funder.  Please note that if the work has been previously funded, you will be asked to upload latest report of this work or any final evaluation you might have carried out. | n/a |
| 1.2 Basic details | **Are you using any of the following approaches in your proposal:**  Sport for Change□  Social Tech□  Enterprise □  Please tick here if you would be interested in discussing options with us regarding taking on **repayable finance** alongside your grant □  Please tick here if you are interested in **scaling** a proven project as part of this proposal □ | **Guidance on proposals involving Sport for Change**  Comic Relief’s Sport for Change approach is designed to bring about positive social change for individuals and communities through the intentional use of sport and physical activity. This will be relevant if your proposal includes sport or physical activity that will be used to bring about positive social change under this funding programme.  Sport or physical activity should be part of a broader programme of work.  For further details please see:  • Below at section 2.3: “How will sport be used to help deliver the changes that you are seeking to bring about?”  • Click [this link](https://www.comicrelief.com/sites/default/files/downloads/sport_for_change_booklet.pdf) for more information on using Sport for Change  **Guidance on proposals involving Tech for Good**  By Tech for Good, we mean work which include substantial development of digital products or technology to create social change. Please do not select Tech for Good if your work includes general digital inclusion work such as training people in how to use or access technology. Under this approach, we generally will not fund the updating of websites or routine social media campaigns, or related staff or volunteer training. You will be asked additional questions about your approach in section 2.  **Guidance on proposals involving Enterprise**  For proposals for the UK: By enterprise approach, we mean requests for funding from organisations which trade to tackle social problems, so organisations that generate income from selling goods or services, but then reinvest all profits back into their business or local community, which help to tackle social issues. These organisations will have a clear social mission set out in their governing documents and generate a significant proportion of their income through trade. For Community Interest Companies they must have an asset lock in place and all profits must be reinvested back into their social objectives.  For international proposals: By enterprise approach, we mean requests for funding which will support an enterprise(s) in some form. Comic Relief's definition of enterprise is broad, ranging from an individual smallholder farmer or petty trader to a large-scale multinational business. Typically, our support to enterprises will be for the provision of training to employees or suppliers from disadvantaged backgrounds but in exceptional cases we may also consider funding working capital or the acquisition or production of tangible or intangible assets and inputs. Applicants using this approach would need to clearly demonstrate a strong alignment between the support being requested for the enterprise and its expected social impact on disadvantaged or marginalised individuals. Applicants will need to demonstrate transparent governance, accountability and social impact monitoring structures of the enterprises and that any assets acquired using Comic Relief funds will be used in line with our charitable purpose. In addition, we would expect a clear plan for transitioning the enterprise(s) receiving support from grant funding to more conventional commercial lending, i.e. loans. You will be asked additional questions about your approach in section 2.  **Guidance on proposals involving repayable finance**  Repayable finance, also known as social investment, is a means of funding charities and social businesses by generating both a social impact and financial return for the investor. Organisations can use repayable finance to help them increase their impact on society, for example by growing their business and strengthen their sustainability.  Please only tick this box if repayable finance is an approach you are seriously considering or already undertaking in your organisation.  If you tick this box and are invited to stage 2 you will be asked to fill in additional information on repayable finance.  **Guidance on proposals involving scaling activities**  Scaling a project means increasing its impact to better match the size of the problem you are seeking to address (for example supporting more people or communities). Scaling impact can be achieved alongside, but does not require, significant growth of operations (for example hiring more people or setting up new offices).    We are interested in identifying those organisations seeking to scale by replicating a project in new locations or working with partners (including government and other NGOs) to do so. To consider this approach, a project should be tried and tested, with proven impact.    Please do not tick this box if you are;   * seeking to increase impact within existing areas of operation (including reaching more people within the same community, serving different demographics within the same population, or increasing the level of impact per person reached) * yet to evidence the impact of your project   Please note if you tick this box and are invited to stage two you will be asked to fill in additional information to support your proposal. | n/a |
| 1.2 Basic details | **Are you working with partner organisations who will be responsible for managing a share of the budget?** | Partners are defined as organisations who will be responsible for managing a share of the budget, and/or will work collaboratively with you to achieve the project or organisational aims.  For those working in an International context, please do not include small community-based organisations, school management committees, savings groups unless they are responsible for managing part of the budget.  Please also note that if you are working with any government organisations, they should not be in receipt of any Comic Relief funds. | n/a |
| 1.3 Activity evaluation | **If this proposal is for existing work, please upload your evaluation or latest report** | If your activities have been previously funded, please upload the most recent report or evaluation about this work using the upload field, to give us a view of how the work has developed and its achievements. | n/a |

## 2. Your Proposal

This section is for you to give us more detail on your proposal.

Please note that some questions in the form will be marked as not applicable as they are not relevant to your proposal, and you are not required to complete these.

| **Subsection** | **Question** | **Guidance** | **Character count** |
| --- | --- | --- | --- |
| 2.1 Change | **Please provide a brief summary of your proposal** | Please give us a clear 2-3 sentence proposal description here. We want to get a clear idea of the essence of your work, including the overall change(s) you are intending to achieve and who will benefit. Please be clear and concise and avoid the use of jargon. We do not need a detailed list of activities in this question or a description of the context. | 350 characters |
| 2.1 Change | **If you want to, you can include a link to a 2-minute video summarising what you want us to fund** | This is **optional** and it will not disadvantage you if you do not supply a video.  You should not attach the actual video file, but a link to youtube, vimeo or another online platform where your video can be accessed. Please do not password protect the video. We reserve the right to not review the video if it has been password protected.  The film should be a maximum of 2 minutes long. Don’t send us longer films, as they won’t be watched. The content of the film is more important than the quality. We are very happy with films created on phones, or using basic software.  Please note this should not be a generic video about your organisation’s work, but one which specifically tells us about how you wold use this funding. Films should:   * State the name of the organisation (and any partners) and give a brief summary of what the work will involve * Describe how you’ll go about the work and what it will achieve. |  |
| 2.1 Change | **Please describe the people who would benefit and the problems they face in their lives** | We want to know who the people are who will benefit from your work (your main target groups or beneficiaries). Tell us where they live and what problems or challenges they face and explain a little about the context in which they are living. Your explanation should help us see the need for your work.  You could describe the major factors – people and relationships, systems and structures, policies and processes – that are influencing the lives of these people, and the ways in which these factors are impacting on them. Please use relevant and up to date evidence where relevant.  We understand that mental health issues can be one of many other issues that have had an impact on the people you work with and we want you to be explicit about this in your proposal, as it will give us an idea of the multiple issues that these groups face.  We want to hear about how you have involved service users in the design and delivery of your work to date, and how has this informed your understanding of the context?  Please ensure the information you provide in this section is responded to in your activities. For instance, if you are mentioning the context within schools faced by young people, we would like to see in the later sections of the form, how you will address the problems you have outlined. If you mention challenges in policies or legislation, we want to see how you are working to improve these policies. | 3500 characters |
| 2.1 Change | **What changes do you expect to see as result of your proposed work?** | Tell us what changes you are aiming to bring about (i.e. your outcomes) for the people described in the previous question. Please be concise about the changes you hope to bring about. Use bullet points where possible. We recommend a maximum of five changes.  We want to know in what way the activities or service you want to provide will bring about change for the better in the lives of the people who you work with.  Depending on the kind of work you do these changes could be for individuals, communities or organisations and could be about changes in capacity, attitudes, behaviour, structures, services, or policies.  If you are applying for core operational cost funding, please state the changes that your organisation contributes to overall. | 3500 characters |
| 2.2 People benefitting | **People benefitting directly**  Core target groups  Frontline workers  Other groups benefitting directly | Comic Relief is asking you to provide further detail about the people who will benefit directly from your work in this way because we must make sure that the data we report back to the public accurately shows what has been achieved and with whom. We know that this may not be the usual way in which you break down your people benefitting data and so we have written detailed guidance to help you answer this question. Please read the information below before completing your answers.  Comic Relief only asks about the numbers of **direct** beneficiaries from your proposed activity. By this we mean people who would be directly involved in the activities and who you would be able to show (through the data that you would be collecting) have experienced a change by being involved in this work.  When calculating the number of people benefitting directly you should be realistic about what change you think is feasible over the time span and activities you are proposing. Very often applications are overly ambitious in the numbers they estimate would benefit directly – we would prefer you to provide more realistic and accurate numbers (even if that means smaller numbers) than over-estimated, exaggerated numbers that you will have no way of evidencing from your proposal. We will review these figures and how realistic they are as part of the assessment process.  It is perfectly acceptable to have ‘0’ in any of the categories of people benefitting directly – the categories you use will depend on the type of activities and changes you want to see.  By *core target groups* we mean the main groups of people your proposal focusses on. They will directly benefit from an activity and are typically involved on a one-to-one or group basis i.e. they have an intensive and/or regular involvement with activities. For example, these might be survivors of domestic violence supported through services, young people supported to complete their education, or people supported through skills and services to improve their financial situation.  By *frontline workers* we mean people who will actively take part in interventions because they work with or support the core target group(s), whether in a paid or voluntary capacity, e.g. counsellors, health workers, teachers. They will generally be given training, support or other forms of guidance to enable them to support those from the core target group(s).  By *other people benefiting directly* we mean people who will benefit from a one-off, initial or limited involvement with activities. They are likely to be from broader groups that you would be interacting with (community members, parents etc.), but, if you are claiming them as beneficiaries, we would still expect you to be collecting data to evidence the benefit you expect them to have gained from being involved with your work. For example, you should not just include whole communities that have received a leaflet or who might have attended an event unless you have some way of gathering data that that involvement has resulted in change for all of these people. (This may not be feasible to do, or it may not be a core focus of what your proposed activity is aiming to achieve – in which case you do not need to include those people in the beneficiary table).  You should also not include those who are assumed to benefit purely because of their relationship with someone who is directly benefitting, e.g. the family members of a person directly benefitting. For work influencing policy change, where you can show that the policy change has impacted on specific groups of people, then these people can be included under ‘other groups benefitting directly’. However, if people are only *assumed to benefit* from the policy change and this cannot be tracked in any meaningful way, then these people *should not* be included. We expect that the numbers of other groups benefitting directly will often be estimated. | 150 characters |
| 2.3 Activities | **What specifically will the you do to help people to address their identified problems?** | For this question, we want to know about the activities you will be carrying out to help the people you are trying to reach. Be clear and precise, explaining the number/frequency of different activities where relevant. Think about the how, what, where and when of your work and include where partner organisations will be taking the lead in certain activities and how and when you will be working together.  We would expect you to have a plan for your own purposes to assist the delivery of your work so tell us about the activities on that plan. Activities can vary from workshops, 1:1 support session, research, developing and improving services or products, community awareness raising and mobilisation, training e.g. of teachers or health staff, campaigning and policy influencing etc  If you are applying for core costs, please state the activities your organisation carries out so that there is a clear relationship between the context you have outlined and the changes you wish to bring about. We want to have a clear understanding of what the grant will pay for.  We understand that mental health issues can develop in and of itself as well as a culmination of other problems including isolation, trauma, bullying, experiencing violence at home, poverty and homelessness etc. If you are working with people who are experiencing multiple problems, we want to hear about how you are working with a range of agencies to provide holistic support to tackle the issues they are experiencing, or how your organisation intends to respond to these issues. | 3500 characters |
| 2.3 Activities | **Why do you think this approach will be effective?** | Tell us why you think your approach and activities will result in the changes you want to achieve.   * On what basis did you choose the approach described in this application, i.e. what factors did you consider in coming to your decision? For example, did you look at the evidence to support different approaches, and/or their relative cost-effectiveness? * Are they tried and tested, or a new way of doing things? * Does your organisation support any specific sector priorities or government policies and plans? * Tell us about any research or consultation you may have done or any evidence or learning you have from previous projects, or from other similar activities carried out by others, to support the approach and activities you have chosen.   Where you are working in partnership with other agencies, we are interested to understand why you have chosen these partner(s) and why you think this relationship will be effective.  If your work is using a Tech for Good approach, you’ll need to explain any user involvement or consultation to date, and any planned consultation or user-testing during the development of the product/technology. Also explain why this particular product/technology over any others. Please cite any piloting, scoping or prototyping you have already done, which help to demonstrate why your chosen approach will be effective, and any tangible developments already in place that will give us confidence that the work will be successful after funding. | 2100 characters |
| 2.3 Activities | **What market analysis has been carried out and what are the key opportunities and challenges it has highlighted? [ENTERPRISE ONLY]**   |  |  | | --- | --- | |  |  | | This question will only be asked if you have indicated that your work is taking an enterprise approach in section 1.  Please provide:  • Evidence of market demand for any product(s) or service(s) generated as a result of the work, which might be paid for by members of the public or the communities served.  Examples include agricultural produce, manufactured items (e.g. solar lamps), sanitation services, water and so on;  • Evidence of the scale of demand for that product (local, regional, international) and its potential value;  • Assessment of potential market competitiveness (i.e. who else is providing a similar service or product, competitors’ price, reliability, proof of commercial viability and so on) | 2100 characters |
| 2.3 Activities | **Why do you think that this technology is the best means of addressing the need? [APPLICATIONS USING SOCIAL TECH ONLY]** | This question will only be asked if you have indicated that your work is taking a Tech for Good approach in section 1.  You need to show why you believe that the way you are approaching your activities are going to achieve the changes you intend, particularly in terms of meeting the needs of the people you want to reach. For example, we would like to know why you have chosen your product/technology and not another, and why you have chosen a specific platform or device over another. We want to know whether you’re using the most appropriate and accessible technology for the people you want to reach and if the technology is sustainable in the future, allowing your organisation to meet future needs. | 2100 characters |
| 2.3 Activities | **How will sport be used to help deliver the changes that you are seeking to bring about? [APPLICATIONS USING SPORT ONLY]** | This question will only be asked if you have indicated that your work is taking a Sport for Change approach in section 1. For this question, please consider in your response:  1. Why you have chosen the particular sport(s) and what value sport brings to the work.  2. The broader programme of work that will take place and how sport will be integrated;  3. How you will engage the participants (open access, targeted approach referrals etc.)?  4. How you will measure the change delivered by the work?  Please note, we cannot fund organisations which aim only to increase participation in sport, or those aiming to develop sporting excellence, individual athletes or sports teams or one-off sporting events. Refurbishment, upgrades to playing surfaces, or any other capital works associated with sporting provision will also not be funded. | 2100 characters |
| 2.4 Business case | **Please upload your business case (if relevant)** | If you are using an enterprise approach for your proposal, please upload a copy of the business case you have prepared. This should include details of who will control/manage/ own any enterprises receiving support; who will earn money from those enterprises and how remuneration will be determined; assets and inputs that will be acquired using Comic Relief funding and policies for how these would be used. | n/a |
| 2.3 Activities | **Who will be involved in delivering the work and what will they do?** | Tell us more about the different organisations involved in the work and their respective roles and responsibilities. We want to know who will be delivering the activities you have described above to have a better understanding of how the funding will be managed and how you will successfully deliver the changes you want to achieve. Your answer should include any partners named in your application (i.e. those organisations managing budget), but may also include other organisations involved but not in direct receipt of Comic Relief funding (e.g. consultancies, contractors) | 2100 characters |

## 3. Your funding request

This section is for you to tell us what you are requesting from Comic Relief.

| **Subsection** | **Question** | **Guidance** | **Character count** |
| --- | --- | --- | --- |
| 3.1 Where the work is taking place | **Where are you requesting funding for?** | Please tell us where your work will be taking place. Please click on the arrows to **expand the list and click on every level that applies**, e.g. if the work will take place in Nairobi, tick ‘Africa, South of Sahara’, ‘Kenya’ and ‘Nairobi’, or if the work will take place in Yorkshire, tick ‘United Kingdom’, ‘England’ and ‘Yorkshire and the Humber’.  For UK activity, we would like to know the region as well as the country in which the work will take place.  For International activity, we would like to know the country, and region if possible. Use the arrows to expand the list and select the region/country once revealed. | n/a |
| 3.1 Where the work is taking place | **For international work please give the district(s). Please separate with a comma if there is more than one** | Use the District space to tell us the districts in which the work will take place and separate your answers by commas. |  |
| 3.1 Where the work is taking place | **For UK work, please give up to four main location postcode/s (unless the work is being delivered entirely online)** | If your proposal is for work in the UK, please specify postcodes which best reflect the locations and characteristics of the areas you will work in. This should be the full postcode, such as SE1 7TP, rather than SE1. If you deliver work across a locality, city or county, please provide postcodes within this which best represents the range of locations you work across. We use this information to understand the characteristics of the locations where you are working, such as whether it is urban or rural, its level of deprivation or where there are gaps in similar services. We also review the locations of all our applicants to understand where we are attracting applications from. You do not need to answer this question if all aspects are delivered online. |  |
| 3.1 Where the work is taking place | **How long would you like the funding to last?** | Select the expected duration of your funding from the drop-down list.  Please check the specific guidance for the programme under which you are applying to confirm minimum and maximum durations. | n/a |
| 3.2 Your Stage 1 request | **Your Stage 1 request** | Please tell us how much you are applying for by year | n/a |
| 3.7 Expenditure by organisation | **Expenditure by organisation** | This question will only appear if you indicated in section 1 that you are working with partners to deliver your work. Please tell us how much money each partner is responsible for – both the total amount (broken down by year) and the amount of the Comic Relief grant. Please add any explanatory notes that may support our understanding of how the budget will be managed. Click on Save/Add another to save each line and add additional lines for other partners. | n/a |

## 4. **Your organisation**

This section is for you to tell us more about your organisation.

| **Subsection** | **Question** | **Guidance** | **Character count** |
| --- | --- | --- | --- |
| 4.1 Your organisation | **What is the purpose of your organisation and what are you most proud of in your history? Why is your organisation well placed to carry out this work?** | Tell us about your organisation – what you do, who you work with, where you work. Provide information about your experience in working with the people you want to help, and the problems they are dealing with. We also want to know what you’re most proud of in terms of your organisation’s achievements and why you think your organisation will be able to manage and deliver your funded work. | 2100 characters |
| 4.1 Your organisation | **Date your organisation was established** | Please enter the date your organisation was established. If you do not know the exact date your organisation was established, please give an approximate date. | n/a |
| 4.1 Your organisation | **Legal status** | Please select your organisation’s legal status from the drop-down list and complete registration number details if applicable. Please make sure you check our [policy](http://www.comicrelief.com/grants/policies) regarding eligibility and any specific eligibility for the programme under which you are applying. | n/a |
| 4.1 Your organisation | **Is your organisation affiliated with any other organisation?** | If you answer yes, you will be asked to enter the name of the organisation(s) to which it is affiliated. By affiliated, we mean any organisation with which you are legally connected, such as a sister or parent organisation. | n/a |
| 4.1 Your organisation | **How many people work for your organisation?**  Paid staff (full-time equivalent)  Part-time paid staff  Sessional paid staff  Volunteers (full-time equivalent) | We define ‘full time equivalent’ as 35 hours per week. | n/a |

## 5. **Your partner**

If you are working with a partner organisation/s who are managing part of the budget, this section is for you to tell us more about them. If you are not working with partner organisations then this section is not applicable to you.

**Please note that some questions in the form will be marked as not applicable as they are not relevant to your proposal, and you are not required to complete these.**

| **Subsection** | **Question** | **Guidance** | **Character count** |
| --- | --- | --- | --- |
| 5.1.1 Basic Partner details | **Partner name** | If your organisation is already linked to a partner organisation on our system you will see them in the drop-down menu; please select their name from here. If it is not, please click 'Add a partner to this list' and follow the on-screen instructions to search for the organisation or create as a new organisation record if they are not already registered with us.  To remind you, partners are defined as organisations who will be responsible for managing a share of the budget. Please do not include small community-based organisations, community health structures, savings groups etc. **unless** they are responsible for managing part of the budget. Please also note that if you are working with any government organisations, they should not be in receipt of any Comic Relief funds. | n/a |
| 5.1.1 Basic Partner details | **What is the purpose of this organisation and what is it most proud of in its history? Why is this organisation best placed to carry out this work?** | Once you have added the name of your partner organisation, you will be asked this question for each one.  Please provide us with some more information about your partner organisation – what they do, who they work with, where they work. Provide information about their experience in working with the people you want to help, and the problems they are dealing with. We also want to know what they are most proud of in terms of their organisation’s achievements and why this partner organisation will be able to help you deliver your work.  Alternatively, you can upload a video in the next question if preferable. | 2100 characters |
| 5.1.1 Basic Partner details | **Alternatively, you may provide a link to a 3 minute video answering these questions** | Instead of answering the previous question, you can provide us with a link to a three-minute video which explains the purpose of your partner organisation, what they are most proud of in their organisation’s history and why you think this organisation is best placed to help you deliver the work. You should not attach the actual video file, but a link to youtube or another online platform where your video can be accessed. Please note this should not be a generic video about your partner’s work, but one which answers the specific questions asked in the previous question. | n/a |
| 5.1.1 Basic Partner details | **Date this organisation was established** | Please enter the date your partner organisation was established. If you do not know the exact date it was established, please give an approximate date. | n/a |
| 5.1.1 Basic Partner details | **This partner organisation’s legal status** | Please select your partner organisation’s legal status from the drop-down list. | n/a |
| 5.1.1 Basic Partner details | **Registration body** | Please tell us which body your partner organisation is registered with. | n/a |
| 5.1.1 Basic Partner details | **Registration number** | Please provide the registration number of your partner organisation. | n/a |
| 5.1.1 Basic Partner details | **Is this organisation affiliated with any other organisation?** | Yes or no | n/a |
| 5.1.1 Basic Partner details | **Affiliated organisation name(s)** |  | n/a |
| 5.1.1 Basic Partner details | **How many people work for this organisation?**  Full-time equivalent  Part-time equivalent  Sessional workers  Volunteers | We define ‘full time equivalent’ as 35 hours per week. | n/a |
| 5.1.3 Partner finances | **Please provide the following figures for the organisation's most recent full financial year, and the previous year** | Please provide us with your partner organisation’s income and expenditure for their most recent full financial year and the previous year. Please also provide us with their total reserves and unrestricted reserves for these years. By unrestricted reserves, we mean reserves which are not committed legally or contractually for a specific use but are free to be designated by your partner organisation in furtherance of their objectives. | n/a |
|  | **Add Partner** | You can add additional partners by clicking on ‘Add partner’. You will be asked the same questions as above for each partner. | n/a |

## 6. **Declaration and Contact details**

| **Subsection** | **Question** | **Guidance** | **Character count** |
| --- | --- | --- | --- |
| 6.1 Contact details | **If your contact details below have changed, please update in the 'Contacts' section before you submit this proposal**  First name  Last name  Email address  Telephone number  Organisation contact details  Main address  Main telephone number  Main email address | These will pull through based on the name of the person who created the proposal, who is now the application contact.  If these details have changed, you should go to the Contacts tab on your GEM dashboard and amend the details there before submitting this proposal. | n/a |
| 6.2 Declaration | **Authority to submit** | Please tick to confirm you have authority to submit this proposal on behalf of the applicant organisation. | n/a |
| 6.2 Declaration | **Terms and conditions** | Please tick to confirm you have read and accepted the terms and conditions of making a grant proposal to Comic Relief. It is important to take the time to read these to fully understand what to expect from Comic Relief once a proposal has been submitted. |  |
| 6.2 Declaration | **Data protection** | Please tick to confirm you have understood how Comic Relief will share personal data.  Please note proposals cannot be submitted unless these tickboxes have been checked. | n/a |

**Appendix. 1 – List of eligible sports**

The following sports are considered eligible for Comic Relief funding. If you want us to fund a sport or activity that is not on this list please contact us before submitting your proposal at [grantsinfo@comicrelief.com](mailto:grantsinfo@comicrelief.com). We reserve the right to not consider proposals for sports or activities not included on this list.

* aikido
* American football
* angling
* archery
* athletics
* Australian rules football
* badminton
* baseball
* basketball
* baton twirling
* biathlon
* bobsleigh
* boccia
* bowling
* bowls
* boxing
* camogie
* canoeing
* caving
* Chinese martial arts
* cricket
* croquet
* curling
* cycling
* dance
* darts
* dodgeball
* dragon boat racing
* equestrian
* exercise and fitness
* fencing
* floorball
* football
* Gaelic football
* goalball
* golf
* gymnastics
* handball
* highland games
* hockey
* hurling
* ice hockey
* ice skating
* judo
* ju‐jitsu
* kabbadi
* karate
* kendo
* kite surfing
* korfball
* lacrosse
* luge
* modern pentathlon
* motor cycling
* motor sports
* mountaineering
* netball
* orienteering
* polo
* rambling
* real tennis
* roller sports
* rounders
* rowing
* rugby league
* rugby union
* sailing
* sand & land yachting
* shinty
* shooting
* skateboarding
* skeleton
* snowsport
* softball
* sombo
* squash
* stoolball
* sub aqua
* surfing
* swimming
* table tennis
* taekwondo
* tang soo do
* tennis
* triathlon
* ultimate frisbee
* volleyball
* walking
* water skiing
* weightlifting
* wheelchair basketball
* wheelchair rugby
* wrestling
* yoga