

HOW YOUR MONEY MAKES A DIFFERENCE



At Comic Relief we have a simple purpose – to create a just world free from poverty. Your amazing fundraising efforts this Red Nose Day will help us to achieve this.

We work with around 850 projects worldwide, from the UK to Uganda, Nigeria to Nepal, spending funds on four things that we care about most.

CHILDREN SURVIVE AND THRIVE

We believe that every child has the right to the best start in life. We want all children to have their needs met and to help parents provide the best care they can.



How your money could help

£5 could help to pay for a medical check-up for a child living on the streets of Uganda.

£80 could help eight disabled children in Kenya go to school for a term.

GLOBAL MENTAL HEALTH MATTERS

We believe that every person has the right to high-quality mental health support. We want people with mental health problems to get the support they need and feel free to speak out.



How your money could help

£1 could pay for 40 people in Sierra Leone to attend a session to learn about mental illness and epilepsy.

£50 could provide a group therapy session for eight mums in the UK experiencing low mood, anxiety or isolation.

FIGHTING FOR GENDER JUSTICE

We believe women and girls should have equal power and involvement in decision making. We want to help end gender-based violence and discrimination.

How your money could help

£3 could provide a female farmer in Uganda with training so she can secure agricultural land and provide for her family.

£50 could give vulnerable young girls in South Africa the chance to go on a life-changing trip to reduce their risk of gang-related harm.



A SAFE PLACE TO BE

We believe everyone should have a safe, secure place to call home. We want people on the move to have food, shelter and legal advice and for them to be able to settle safely in new communities.

How your money could help

£8 could cover the cost of school books and stationery for a child living in a Serbian refugee camp.

£50 could provide breakfast for a primary school class in the UK for two weeks, so they start the day with a full stomach.



BE PART OF THE CHANGE! GET INVOLVED IN RED NOSE DAY 2019 AND HELP US TO CREATE A JUST WORLD FREE FROM POVERTY COMICRELIEF.COM/SCHOOLS